

Drs. Grutzmacher, Lewis and Sierra

Postoperative Instructions Following Corneal Transplant or DSEK Surgery

1) _____: (beige colored lid, antibiotic drop) Use 1 drop in the operative eye 4 times a day for 1 week.

2) **PRED FORTE:** (magenta colored label with white lid) **SHAKE WELL** then use 1 drop in the operative eye 4 times a day until you are advised by your doctor. **DO NOT STOP UNLESS ADVISED BY YOUR DOCTOR.**

3) **OTHER:** _____

WAIT 5 MINUTES BETWEEN DROPS

SPECIAL INSTRUCTIONS:

- **Do not rub your operative eye.**
- Do not put pressure on the operative eye. Sleep on the opposite side of your operative eye for 1 week.
- Do not bend your head below your heart level for 1 week. Use your knees for bending.
- Do not lift anything over 10 pounds for 1 week.
- Do not strain. If you suffer from constipation, use an over the counter stool softener of your preference.
- You may shower and wash your hair 1 day following surgery.
- You may use Tylenol, ibuprofen (Advil, Motrin etc.) for pain.

EYE SHIELD: Should be worn for 2 weeks or until your doctor advises you otherwise. Secure the eye shield with adhesive tape at bedtime or if you nap during the day. Remove the eye shield upon awakening and clean the eye shield with soapy water and let it air dry.

WHAT TO EXPECT:

- Mild discomfort
- Scratchy or gritty sensation
- Itching
- Fluctuation in vision/ Blurred vision
- Tearing

**If any of these symptoms increase or other symptoms arise call
our office day or night (916) 649-1515**

